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Kris Jenner: Bags Under Her Eyes — How To Avoid Them

Why Under Eye Bags Appear In The First Place



Dr. Brian Glatt, board certified plastic surgeon in Morristown, NJ tells HollywoodLife.com EXCLUSIVELY:

"These occur as a consequence of aging. Over time, the "sling" holding them in becomes more loose, allowing the fat pockets to herniate or "poof" outwards. A lack of sleep, stress, smoking, excessive sun exposure can all contribute to making them worse."

"Surgery is THE mainstay of treatment for under eye bags and works incredibly well these bags are typically corrected with one operation and very rarely does it ever need to

be repeated — it is usually a "one and done" type of surgery. Cost of this surgery can run \$2,000 — \$5,000 depending on area of country. People feel well after a few days, however it is usually 1 — 2 weeks until all of the typical aspects of recovery (bruising, swelling) are either completely gone or manageable with make-up. Although there are some excellent eye creams out there to help manage or prevent the finer lines, there are no topical products which can prevent, control or adequately treat bags under the eyes."